

Building individual and community resilience together

Resilience Builders Bulletin - Summer 2022

Fellow Resilience Builders across Alberta, welcome to the Summer 2022 bulletin. Our goal for this bulletin is to keep you informed of opportunities to build individual and community resilience.

This content is created for community leaders to incorporate into existing programming to encourage disaster risk reduction behaviour in Alberta. Please email us at BePrepared@gov.ab.ca if you see opportunities to improve or expand our program offerings, or if you would like to join the Resilience Builders network.

Be Prepared Program Update

New Extreme Heat web page is now available at [Alberta.ca/ExtremeHeat](https://alberta.ca/ExtremeHeat). A fact sheet with additional detail, informed by subject matter experts, will be published on the web page in the coming weeks.

New Shelter in Place web page is now available at [Alberta.ca/ShelterInPlace](https://alberta.ca/ShelterInPlace). Here you will find two new fact sheets with tips to Shelter in Place for severe weather and hazardous air, which can also be download from [Alberta.ca/CommunityPrep](https://alberta.ca/CommunityPrep).

Preparedness checklists and fact sheets are now translated into [Ukrainian](#), adding to the existing library of translated materials in Arabic, Punjabi, Simplified and Traditional Chinese, Punjabi, High and Low German, Spanish, French and Tagalog.

Disaster Risk Resilience

In April 2022, the Government of Alberta endorsed the Disaster Resilience Guidelines for Alberta. The guidelines:

- Provide an inventory of voluntary, suggested, and scalable approaches to mitigating disaster risk; as well as
- Act as a reference tool for those looking to form new (or augment existing) policies, plans, or approaches to strengthen the capacity of systems.

The document, attached to the cover email, provides examples of best practices and standard approaches users may adopt. Contact Craig Mahovsky, Manager of Disaster Risk Reduction, at craig.mahovsky@gov.ab.ca if you have questions.

Prevention / Mitigation

AEMA's Recovery team would like to remind everyone of the importance of having insurance for unexpected flooding. When it comes to floods and insurance, prompt your networks to ask their insurance provider these three questions:

- What types of water damage coverage does my property policy cover?
- If my house experiences sewer back up and flooding at the same time, what will my policy cover?
- Are there any incentives or discounts from my insurance company if I install and maintain a backflow preventer or sump pump?

Visit [Alberta.ca/InsurableDisasters](https://alberta.ca/InsurableDisasters) for additional information you can share with your networks.

Preparedness for Educators and Youth

The [Alberta Emergency Test Alert Toolkit for youth](#) was developed in partnership with the Ministry of Education to provide educators a selection of quick lessons to complement the twice a year test of Alberta's emergency alerting system.

Download this toolkit (also available in [French](#)) and share it with your networks to encourage preparedness conversations with youth in your community during the next test of the Alberta Emergency Alert system this November.

Preparedness for Older Adults and their Caregivers

A Government of Alberta funded project is underway which utilizes [existing structures, resources, and platforms](#) to increase community resilience and improve preparedness for older adults and their caregivers, including vulnerable adults that go missing.

A province-wide community of practice on [CORE Alberta](#) has been established to help leverage existing provincial, federal and international resources to reduce duplication of efforts. If you would like to join the province-wide community of practice, or have questions, contact Kim Savard at kimberlys@caryacalgary.ca.

Emergency Management Exemplary Services Award

The nomination deadline for the Emergency Management Exemplary Services Award (EMESA) was extended to August 1, 2022. The Alberta Emergency Management Agency is gathering all EMESA award submissions for Alberta; to be submitted to Public Safety Canada for consideration.

To download both nomination forms visit [Alberta.ca](#). Email your nominations for Alberta to aema.stakeholders@gov.ab.ca by August 1, 2022.

Alberta Emergency Alert

Get informed by downloading the [Alberta Emergency Alert](#) app to ensure you and your household are notified when an emergency occurs. Make sure to adjust the app settings for your chosen location and to override silent mode.

Stay informed by following Alberta Emergency Alert on [Facebook](#) and [Twitter](#) for critical updates that can help you navigate stressful situations.

Resilience building in the news

[Immersive VR: Empowering kids to survive in fire, flood, and war](#) Learning how to survive such emergencies is important for all people, but especially for our youngest citizens. Children do not need to be passive victims of disasters and with purpose-built virtual reality experiences such as these, we can help empower children to understand the risks but realize they can help.

This bulletin is generated by the Strategic Partnerships and Public Education team in the Alberta Emergency Management Agency, a division of Alberta Municipal Affairs. Our work involves collaboration with departmental and community partners to develop inclusive resilience building programming to meet the diverse needs of all people living, working and travelling in Alberta. Through research and partnerships, we create public education tools and materials for anyone looking to encourage and motivate their communities to become more resilient to disasters, emergencies and disruptions.